### Cook County Sheriff's Office Behavioral Health Services Semiannual Report

**December 2023 – May 2024** 



#### **ABOUT THE INFORMATION IN THIS REPORT**

This Behavioral Health Services Semiannual Report complies with the requirement pursuant to the Cook County Board Resolution #23-0523: Resolution to Assess Needs and Improve the Quality and Effectiveness of Behavioral Health Care Provided by Cook County Government. Information in this semiannual report reflects the December 1, 2023 – May 31, 2024 timeframe where relevant.

June 7, 2024

Cook County Board of Commissioners 118 N. Clark Street Chicago, IL 60602

#### Dear Commissioners:

As required by the Cook County Board Resolution #23-0523: Resolution to Assess Needs and Improve the Quality and Effectiveness of Behavioral Health Care Provided by Cook County Government, enclosed is the Cook County Sheriff's Office (CCSO) Behavioral Services Semiannual Report. The CCSO provides behavioral health treatment and interventions in the Cook County Jail, upon release, in the community, and for select pre-release programs that include a post-release component. The following report contains information on these programs in the Cook County Department of Corrections (CCDOC) Department of Behavioral Health, the Community Resource Center (CRC), and the Treatment Response Team (TRT). We are grateful for the opportunity to provide you with this report.

Sincerely,

Dr. Jane Gubser, Psy D Executive Director Cook County Department of Corrections Licensed Clinical Psychologist Jane.Gubser@ccsheriff.org

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#### **Executive Summary**

Cook County continues to face a growing behavioral and mental health crisis. Access to quality care and treatment is a major barrier for most populations but has always been a hurdle for those that interact with the justice system. In response, the Cook County Sheriff's Office (CCSO) has stepped up to fill the gap in behavioral health programming and resources to treat and meet people where they are. As a longtime leader in addressing the ongoing local and national mental health crisis, the Sheriff's Office has prioritized, for over a decade, investing in evidence-based treatment programs, hiring expert clinicians, and thoroughly training thousands of sworn officers on how to address behavioral health situations.

The connection between mental and behavioral health and the justice system is well documented and requires special attention. Many individuals with behavioral health conditions go undiagnosed and untreated, which can result in encountering law enforcement before ever seeing a clinically trained professional. In fact, nearly half, 47% of individuals incarcerated in Cook County Jail have behavioral health conditions. Often, these individuals only receive the support and treatment they need within the jail because community resources are so scarce.

Our office has reimagined what it means to be a law enforcement agency, providing evidence-based mental health and substance use disorder care, making us a model for other jails across the country. Evidence-based treatments that serve individuals with behavioral health conditions cannot be effective without professionals to provide them. We have employed clinically trained professionals to help individuals in Cook County Jail. Our clinicians and staff ensure that when people leave, they can continue receiving assistance in their communities.

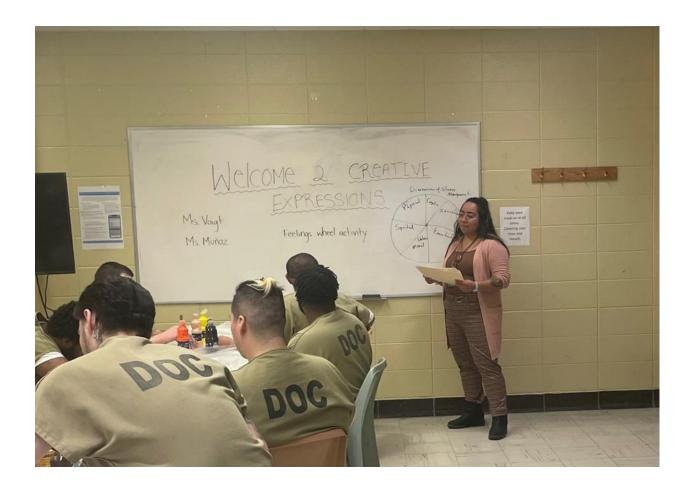
Our multipronged approach to behavioral health gets to the root causes (poverty, homelessness, addiction) of crime and violence to support individuals at every point in the justice system.

The Cook County Department of Corrections (CCDOC) Department of Behavioral Health programing focuses on recovery from addiction, teaches vocational skills, provides educational services, and tools for violence prevention.

The Community Resource Center (CRC) provides linkages to resources and services to those leaving jail, on electronic monitoring, facing eviction, and Cook County residents regardless of having any interaction with the justice system. It can be difficult returning home, but CRC sets people on a positive trajectory to reenter society. Facilitating access to resources in the community prevents overdose, hospitalizations, death and reincarceration.

The Treatment Response Team (TRT) is our co-responder program. Social workers and clinicians are available virtually to the Sheriff's police 24/7, 365 days a year to assist and respond to behavioral-health related calls. Our co-responder model has been adopted by 32 law enforcement units in Cook County. TRT clinicians are also in the community pairing with the Sheriff's police to seek out and offer services to individuals struggling with mental illness and/or drug addiction. TRT also operates within the 9-1-1 Center to address situations before officers arrive to calls.

As law enforcement our job is to detain individuals who pose a risk to community safety, but the Sheriff's Office has proven that law enforcement can be and is so much more. Instead of criminalizing people struggling with mental health and/or substance use disorder we provide a holistic support system that reaches across the justice system to invest in the person and not the crime. We are committed to continuing our work throughout Cook County to provide thoughtful and quality behavioral health programing and services.



"There are so many that show up to the Sheriff's doorstep with mental health and/or substance abuse issues. The Sheriff's Office would be doing a disservice to these individuals if we didn't have a component that speaks to both of those issues." – Ronald Harris, CCSO

Behavioral Health Specialist

(1) General information on the population served, including how patients were identified or applied for services, a breakdown of where patients of the program(s) reside in Cook County and the number of patients served over the last 24-month cycle.

#### **CCDOC Department of Behavioral Health**

The table below provides information on the multiple behavioral health programs offered at the CCSO through the Cook County Department of Corrections (CCDOC), including population served by each program, how program participants are identified and the number of participants in each program for the last 24 months ending <u>May 31, 2024</u>. We have provided both the number of unique bookings that have participated in the program as well as the number of unique individuals<sup>1</sup>. We have also attached zip code data on CCDOC program participants to demonstrate where our patients reside when outside of the CCDOC.

Cook County Department of Corrections (CCDOC) Department of Behavioral Health				
Program	Population Served	How patients are Identified	Unique Bookings	Unique People
Sheriff's Men's Addiction Recovery Treatment (SMART)	Men with substance use and co-occurring disorders.	Court-ordered program.	1,065	1,005
Therapeutic Healing Recovery Initiative for Vitality and Empowerment (THRIVE)	Women who suffer from addiction.	Court-ordered program.	329	298
Mental Health Transition Center (MHTC)	Men in need of mental health and substance use treatment, criminal risk reduction and intervention, vocational skills training, and education services.	Voluntary program. CCSO data team may also identify candidates based on assessment at intake.	685	668
Sheriff's Opioid Addiction Recovery Program (SOAR)	Individuals who are recovering from opioid addiction.	Participants are either court-ordered to the program or volunteer to participate.	207	204

6

<sup>&</sup>lt;sup>1</sup> A unique booking references a specific instance being booked at the Cook County Jail. An individual can have more than one booking so we are reporting both unique bookings and persons who have participated in CCDOC programs.

The Sheriffs' Anti- Violence Effort (SAVE)	Men in custody or those who have been released and receive services in the community.	Participants volunteer for the program.	486	484
The Clinical Assessment and Rehabilitation Program (C.A.R.P.)	Individuals in custody.	Participants volunteer for the program.	350	350

#### **Community Resource Center**

The Community Resource Center (CRC) often serves individuals with some connection to the CCSO; however, all members of the public may reach out to the CRC, regardless of their involvement in the criminal justice system. Participants are referred from electronic monitoring, the Cook County Department of Corrections, the CCSO evictions social service team or identified through outreach calls made to returning citizens. Zip code data on where CRC clients reside is attached.

#### **Treatment Response Team**

The Treatment Response Team (TRT) participants are identified by a Cook County Sheriff's police officer as an individual in need of mental health services or via citizen calls to the 9-1-1 Call Center. In the past 24 months ending <u>May 31, 2024</u>, TRT has referred a total of 2,266 clients. The table below displays the residence distribution of TRT clients.

# of TRT Participants	Area of Residence
1,403	<b>Unincorporated Cook County</b>
242	18th District
114	Other, Chicago
382	Other, Suburban Cook
91	Ford Heights
33	Other

# (2) Overall goals of behavioral health program(s) including goals unique to the specific population served.

#### **CCDOC Department of Behavioral Health**

C	ook County Department of Corrections (CCDOC) Department of Behavioral Health
Program	Description & Goals
SMART	The Sheriff's Men's Addiction Recovery Treatment (SMART) program is a modified therapeutic community treatment program for substance use and co-occurring disorders. It is dedicated to helping individuals in custody learn pro-social behaviors designed to reduce substance use and criminal activity. The program seeks to target those struggling with such issues and equip them with the support and tools they need to be successful in the community. Though, SMART is a court-ordered program, judges have the discretion to give sentences that are longer or shorter than the recommended 90 days.
THRIVE	The Therapeutic Healing Recovery Initiative for Vitality and Empowerment program (T.H.R.I.V.E.) was created to support women who suffer from addiction while they are in custody. Participation in the program consists of a 90-day curriculum designed to address the biopsychosocial factors related to addiction and incarceration. Though, THRIVE is a court-ordered program judges have the discretion to give sentences that are longer or shorter than the recommended 90 days. Programming is gender-specific and targeted towards individuals with non-violent drug-related charges who have a history of substance use, trauma and/or mental illness. THRIVE programming uses evidence-based treatment aimed at establishing thought patterns and habits that prevent future substance use.
МНТС	The Mental Health Transition Center (MHTC) opened in 2014 and offers a holistic array of services including substance use and mental health treatment, vocational skills training, educational services, fine arts programming, and comprehensive discharge planning. The goal of the program is to empower justice-involved individuals diagnosed with a substance use and/or clinical mental health disorder with the development of a support system to ease their transition back into the community and aid their long-term recovery.
SOAR	The Sheriff's Opioid Addiction Recovery (S.O.A.R.) Program was created to address the particularly high opioid overdose death rate for people recently released from incarceration. SOAR participants have recently transitioned from the Cook County Jail to the electronic monitoring program. The SOAR program is dedicated to help individuals recover from opioid addiction and transition into the community with supportive wraparound services. SOAR is a step-down program available to those who have completed a 90 day in-custody drug treatment program, either SMART or THRIVE. Participants are linked to community resources through an individualized case management re-entry plan. The case manager assists participants with addressing their needs and achieving identified goals. Services can include but are not limited to educational services, vocational training, employment, religious services, medical services, substance use services and mental health services. In the summer of 2020, SOAR merged with the SMART and THRIVE programs, so SOAR eligibility is now determined by SMART and THRIVE program staff. Participants either voluntarily participate in the program or are court ordered to participate in SOAR.

SAVE	The Sheriff's Anti-Violence Effort (SAVE) is a voluntary program that targets 18 to 25-year-old males who are likely to be victims of violence or to perpetuate violence. The cohort-based programming is grounded in an effective form of psychotherapy known as cognitive behavioral therapy, widely recognized as an evidence-based component to effective rehabilitation. SAVE is designed to instill positive social norms and values in participants. Motivated participants are provided with the tools and support they need to reintegrate into Chicago communities most impacted by violence. The SAVE program consists of two components. During the first component SAVE participants are housed together on a single tier. While in custody, participants are provided with daily individual therapy and programming based on and related to cognitive behavior therapy, anger management, and life skills. Upon discharge, participants are linked to intensive case management services and partner agencies in the community. Both SAVE staff and community partners offer support to participants as they transition to the community.
CARP	The mission of The Clinical Assessment and Rehabilitation Program (C.A.R.P.) is to use a coresponder approach to cultivate a healthier outlook on mental health through evidence-based treatment modalities and to provide clinical support. CARP is designed to engage those in custody in individual and group programming to develop skills that will deter extreme behaviors. This includes participating in individual and group interventions, administering assessment measures, developing and implementing crisis related safety plans, increasing self-awareness of risk and protective factors, and providing additional resources for long term sustainability.

#### **Community Resource Center**

CRC is a supportive services initiative created and launched in 2020 by Sheriff Tom Dart, in direct response to the COVID-19 pandemic. The Center leverages new and existing community partnerships to provide linkages to members of the community to address an individual's unique mental health, substance use, housing, mortgage/rental assistance, trauma, domestic violence, and/or employment and financial needs, regardless of involvement in the justice system. What makes the CRC unique is how it functions as a hub for all in need of assistance, regardless of what assistance is needed. The CRC staff have experience in many areas including case management, evictions, domestic violence/survivor support, counseling, substance use, and advocacy. The CRC operates virtually from CCDOC and has a walk-in location in West Town.

#### **Treatment Response Team**

TRT launched in 2019 as a response to the opioid epidemic. This team operates under the umbrella of the Cook County Sheriff's Police Department (CCSPD). TRT consists of licensed mental health professionals who are developing innovative ways to support and augment police interaction with individuals and families impacted by mental illness, substance use, and other life stressors. TRT programs provide law enforcement with new tools, interventions, and support with 24/7 access to clinicians via phone or tablet to assist individuals experiencing mental distress. TRT clinicians can deescalate situations and give police on scene critical time to evaluate conditions. The team offers follow-up support in person and delivers overdose and violence prevention/disruption through "Street Outreach" and pre-/post-incident services to at-risk individuals.

#### **TRT Programs:**

- Co-Responder Virtual Assistance Program (CVAP) Aims to address the underlying problems that lead to the behavioral health related 9-1-1 calls for service by working directly with the individual and family/friend support to identify and navigate the treatment system. CVAP provides law enforcement access to clinicians 24/7 via tablets while on scene to provide support to individuals experiencing a behavioral health crisis.
- Overdose Prevention Strategy (ORS) An overdose prevention program in which TRT clinicians, with CCSPD, canvass areas impacted by high levels of overdoses, mental illness, and housing insecurity. TRT provides Narcan, immediate treatment options (detox, inpatient), housing options and case management. TRT trains police officers in the following areas: Drug trends, Naloxone/Narcan training, science of addiction training and compassion fatigue prevention.
- Addressing Violence Evaluating Risks/Threats (Project AVERT) This program uses a threat assessment model to intervene and mange threats of targeted violence. Referrals are made by CCSP detectives, FBI, and other law enforcement partners. Additionally, individuals who are at risk or could be on a track for committing violent acts are referred to TRT for threat assessment and intervention to disrupt the pathway to targeted violence through treatment and prosocial engagement.
- (3) Information on the providers, managers, and/or operators of the behavioral health care program, activity or service and any overlap in funding, to the extent it is known.

#### **CCDOC Department of Behavioral Health**

The Department of Behavioral Health is comprised of various mental health and substance use programs throughout SMART, THRIVE, MHTC, SAVE, SOAR, and CARP. Each of these programs is staffed with clinically trained mental health professionals including Licensed Clinical Psychologists, Licensed Social Workers (LSW), Licensed Clinical Social Workers (LCSW), Licensed Professional Counselors (LPC), and Licensed Clinical Professional Counselors (LCPC). Additionally, we have individuals who are Certified Alcohol Drug Counselors (CADC). The Department of Behavioral Health staff work with clients from various backgrounds and have experience working with the most vulnerable populations and providing a wide range of services such as specialized mental health and substance use treatment, trauma-informed care, antiviolence, case management, and re-entry care coordination.

In the first half of 2024, twelve new team members were added. Mostly all SAVE, THRIVE, SMART, CARP, and MHTC Behavioral Health staff are funded through the CCSO general operating budget. Two THRIVE staff members are funded through the County Budget with reimbursement from the Zaborowski Fund mid-year. There is no overlap in funding.

The CCDOC Department of Behavioral Health also works with clinical interns who are unpaid. During the academic year, CCDOC works with local graduate schools to provide clinical training to students earning their Master or Doctoral degrees. Students are on site between 16 and 20 hours per week for 9 to 12 months. In this reporting period, CCDOC has six interns.

#### New staff added since 12/1/2023:

- SAVE: One Reentry Care Coordinator and two Behavioral Health Specialists
- THRIVE: Two Behavioral Health Specialists
- SMART: Two Reentry Care Coordinator and two Behavioral Health Specialists
- CARP: One Behavioral Health Specialist
- MHTC: One Reentry Care Coordinator and one Behavioral Health Specialist

#### **Community Resource Center**

CRC is headed by Executive Director Don Beachem, Jr., as of March 2024. The Assistant Executive Director started in March 2024 and has a Master's in Forensic Psychology. The Director of CRC started in March 2024 and has a Master's of Science in Education in Clinical and Mental Health Counseling as well as a Licensed Clinical Professional Counselor (LCPC). The Clinical Program Manager started in October of 2021, with a Master's in Social Work and Licensed Clinical Social Worker (LCSW). All clinical staff have some level of certification or licensure which include a Certified Alcohol Drug Counselor (CADC), Licensed Clinical Professional Counselor (LCPC), Licensed Social Worker (LSW), and Licensed Professional Counselor (LPC). All positions are funded by the general CCSO budget. There is no overlap in funding for CRC positions with other programs at the CCSO. CRC has added two Executive staff members during the first half of FY2024.

#### **Treatment Response Team**

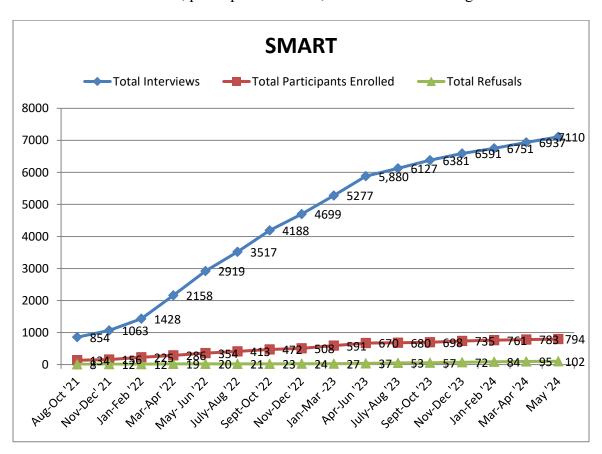
TRT is comprised of Master's level social workers and mental health professionals who are available 24 hours per day, 7 days per week. All TRT staff hold credentials as either a Licensed Social Worker (LSW), Licensed Professional Counselor (LPC), Certified Alcohol Drug Counselor (CADC), Licensed Clinical Social Worker (LCSW), Licensed Clinical Professional Counselor (LCPC), or Co-Occurring Substance Use and Mental Health Disorder Professional (CODP I/CODP II). TRT staff have over 50 years of combined experience serving vulnerable populations in Cook County. TRT staff positions are covered by the CCSO general operating budget except for one newly added position, Overdose Response and Co-responder Assistance which is funded through a grant. This position holds a Master's in Social Work (MSW) and is bilingual. There is no overlap in funding.

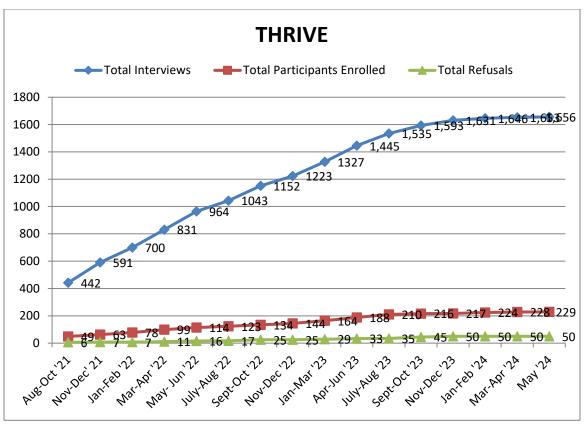
#### (4) Key performance indicators measuring the results of the program.

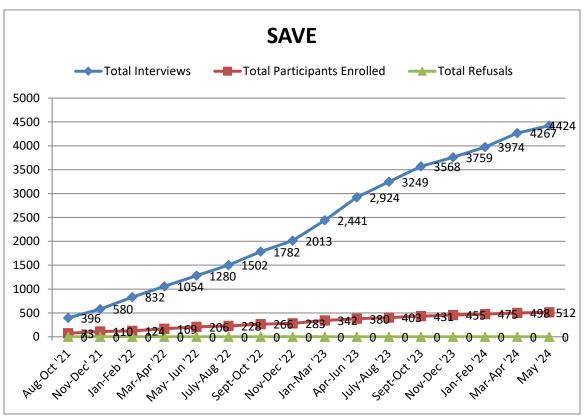
#### **CCDOC Department of Behavioral Health**

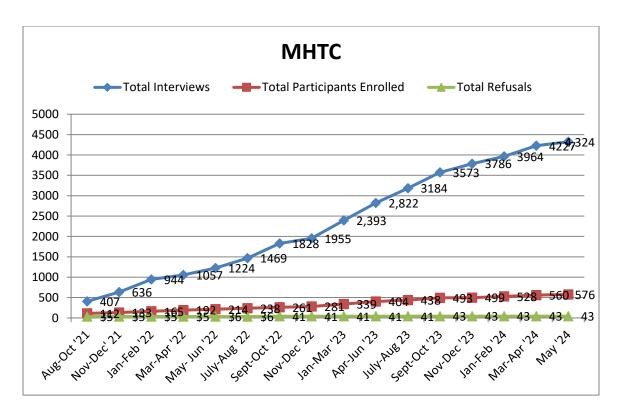
Computerized Adaptive Testing for Mental Health (CAT-MH) – The CCDOC started the CAT-MH tool in June 2021 with the goal of validating the tool in a sample of individuals detained at the Cook County Jail. Technology-enabled health services create reliable, cost efficient, and an adaptable means of psychiatric assessment. The CAT-MH uses principles of computer adaptive testing to accurately measure symptoms across major diagnostic categories. CCDOC uses the tool to track the mental health of individuals in custody over time across its four programs – SMART, THRIVE, SAVE, and MHTC. Individuals enroll in this program alongside their enrollment in the separate behavioral health programs within CCDOC.

Below are graphs for four CCDOC programs – SMART, THRIVE, SAVE, and MHTC that shows the total number of interviews, participants enrolled, and refusals since August 2021.

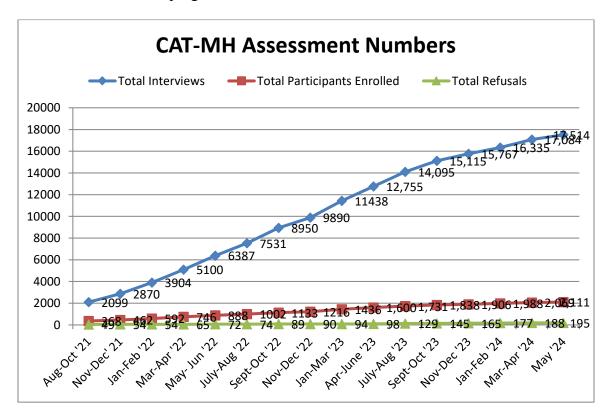








The graph below shows CAT-MH assessment numbers for total interviews, participants enrolled and refusals across all four programs – SMART, THRIVE, SAVE and MHTC since 2021.



#### **CAT-MH** participant outcomes:

**Anxiety** - The score decreased between the baseline assessment and the last assessment taken by each participant. The number of participants scoring within the normal range for anxiety increased, and the number of participants scoring in the mild, moderate, and severe ranges decreased over time.

**Depression** -The score across all programs decreased between the baseline assessment and the last assessment taken by each participant. The number of participants scoring within the normal range for depression increased, and the number of participants scoring in the mild, moderate, and severe depression ranges decreased over time.

PTSD - The score across all programs decreased between the baseline assessment and the last assessment taken by each participant. The number of participants who had no evidence of PTSD symptoms increased while the number of participants who scored within the possible and highly likely ranges for PTSD decreased over time.

#### **Community Resource Center**

CRC tracks many variables each week on number of individuals called, those accepting services, and types of calls made. Listed below are the key performance indicators and outcomes that the CRC collected during December 1, 2023 – April 30, 2024.

	Intake	Case Management	Total
<b>Total Contact Attempts</b>	4,693	1,307	6,000
Unique Individuals <sup>2</sup>	4,255	755	-
Weekly Average Contact Attempts	196/week	59/week	255/week

#### **Treatment Response Team**

Below are the key performance indicators and outcomes that TRT has been tracking and data collected during December 1, 2023 - May 31, 2024.

• Referrals: 637

• Referrals Engaged in Services: 417

• Current Active Cases: 464

<sup>&</sup>lt;sup>2</sup> Note: The number of unique individuals CRC attempted to assist in the Intake and Case Management is measured by unique names. As a result, these numbers may be understating totals in instances where two unique people share the same name (e.g., John Smith).

## (5) Quality measures or expectations for contracts involved in the program, where applicable.

The CCSO behavioral health programs do not contract with outside agencies, but our behavioral health programs do work with community partners regarding referrals for service and providing continuity of care once an individual in custody is released. We often have a Memorandum of Understanding (MOU) in place to formalize our partnership with community agencies.

#### **CCDOC Department of Behavioral Health**

#### **CCDOC MOUs:**

- City of Chicago, Department of Family and Support Services Work in conjunction with the SPRING Forward Pilot Program to provide referrals to eligible participants who have been or recently released from CCDOC for re-entry, employment, and housing navigation support services.
- Roseland Community Hospital Provide reentry services for those scheduled to be released to establish a continuum of care prior to release.
- **Second Opportunity** Provide life skills education, supportive programming, and post-release support for individuals in custody.
- Rincon Family Services Provide treatment and reentry planning for individuals in custody.
- Be Well Partners in Health Enhances individuals in custody access, patient safety, overall wellness, and positively impact health outcomes for Medicaid and/or Medicare recipients.
- International Children's Media Center Individuals in custody participate in making a short film, as well as curating and hosting a film festival at the CCDOC. Program designated to boost prosocial behaviors, reduce aggression, and serve as job training.
- Children's Home and Aid Thriving Fathers and Families Program, help fathers increase positive interactions with their children, improve co-parenting relationships and have a positive impact on their respective communities.
- Chicago House and Social Service Agency Provide psychoeducational services to incarcerated transgender and gender nonconforming individuals in custody as well as reentry planning and referrals for services for such individuals when they transition back to the community.
- Illinois Health Practice Alliance Identifying custodial persons with mental health and substance use disorder treatment needs and coordinate care and provide linkages to services.
- University of Chicago Institute of Politics A creative writing program focused on fostering self-expression and literacy to promote social, emotional, and behavioral competencies in at risk populations.
- **EMAGES** Programming for up to 75 sex offenders who have experienced trauma and are currently enrolled in men's substance use treatment at the CCDOC. Offers mentoring and trauma-informed programming.
- **Storycatchers Theatre** Paid job readiness program that provides gender and trauma informed programming which serves to provide an outlet for court-involved youth.

- Metropolitan Family Services/ Communities Partnering 4 Peace Individuals in custody determined to be at high risk of involvement in gun violence following their release benefit from CP4P advocacy in order to enroll them in programming prior to re-entry.
- Civil Leadership Foundation Enable and support participants to re-enter society to be better prepared to engage with the challenges of employment, schooling, or training, and staying out of the criminal justice system.
- Youth Guidance Becoming a Man Program School-based counseling, mentoring, violence prevention, and educational enrichment program that promotes social, emotional, and behavioral competencies in at-risk male youth.
- Holy Cross Hospital/ Crisis Stabilization Unit CSU can provide another alternative to arrest for individuals exhibiting behaviors of mental illness and substance use.

#### **Community Resource Center**

#### **CRC MOUs:**

- MADO Health Provides residential mental health and substance use treatment services to individuals referred by CRC.
- Treatment Alternatives for Safe Communities (TASC) Provides specialized case management services to individuals referred by CRC. This includes screening, clinical assessments, referrals, placement into community-based services, and client advocacy. CCSO was awarded a BJA 2<sup>nd</sup> Chance grant, for which TASC serves as the treatment partner. CCSO and TASC are in year one planning phase of the grant.
- Illinois Health Practice Alliance (IHPA) Data sharing between CCSO and IHPA identifies individuals with mental health and substance use disorder treatment needs and provides linkages to services for such individuals.
- Roseland Community Hospital Provides reentry services for individuals scheduled to be released.

#### **Treatment Response Team**

#### TRT MOUs:

- TRT works in collaboration with Cook County Health and Hospitals, Above and Beyond, Advocate Healthcare, Haymarket, and Miles Square Health (U of I Health) to provide substance use and mental health treatment services to TRT program participants.
- Additionally, TRT has MOUs with 32 police departments (Oak Lawn, Blue Island, Northbrook, Bridgeview, Stickney, South Chicago Heights, Forest Park, Franklin Park, Cicero, Arlington Heights, Prospect Heights, Chicago Ridge, Posen, Alsip, Lincolnwood, Rosemont, River Grove, Barrington Hills, Hillside, Palos Park, Indian Head Park, Elgin, Elmwood Park, Hometown, Countryside, Lynwood, Willow Springs, Merrionette Park, Inverness, Bedford Park, La Grange, and McCook). TRT services people in these towns, by providing emergency and post incident behavioral health services and/or provide warm handoffs to other police department clinicians.

(6) How the care being provided in this program serves the best interests of the patient/recipient of care as well as the communities where the patient/recipient of care or services resides.

#### **CCDOC Department of Behavioral Health**

Christopher successfully completed the MHTC program in December 2023 and was transferred to prison for 13 days. After discharge from prison, Christopher returned to the community where he works as a plumber. While in MHTC Christopher gained his wielding certification and now uses his certification to advance his career. He has returned to MHTC as a guest MC for the Graduation ceremony to share his story of redemption. He has remained free of incarceration for 5 1/2 months and counting.

For programs within the Department of Behavioral Health (SAVE, SMART, THRIVE, SOAR, MHTC, and CARP), each client is assessed on an individual basis by a clinician. Based on that clinical assessment or intake, a treatment plan is developed to assist the client with working toward their treatment goals. Our case managers and re-entry care coordinators work to develop a client centered re-entry plan to assist the individual with successful reintegration into the community. The re-entry plan addresses the clinical, medical, educational, employment/vocational, individual, community, and familial needs.

SMART and THRIVE programs rely on support from the judiciary, local community organizations, and treatment facilities such as recovery homes for our participants once they are discharged from our custody. These entities provide community re-entry services.

Our community partners play a vital role to our SOAR and SAVE programs. We identify appropriate community partners for individuals to work with upon discharge to provide treatment, wrap around services, and resources.

In the CARP program, Individuals in Custody (IICs) are assisted in cultivating a healthier outlook on mental health and are provided clinical support. The program design develops skills which include participating in individual and group interventions, administering assessment measures, developing, and implementing crisis related safety plans, increasing self-awareness of risk and protective factors, and providing additional resources for long-term sustainability. With all programs, we keep community in mind when making recommendations so that individuals are paired with the most appropriate services geographically and culturally. Community and family support is needed and encouraged to maintain and promote ongoing recovery and improvement.

"They've already entered that stage where they are prepared to shift their circumstances both mentally, emotionally, physically, financially, and spiritually. They are seeking a change and the fact that I can help provide that is a blessing."

- Joesph Rice, CCSO Behavioral Specialist

#### **Community Resource Center**

As an agency that provides services to individuals who have had contact with the CCSO, the CRC is often the social service provider perfectly placed within the CCSO to assist an individual who may be in a vulnerable state. Our clinical staff are uniquely positioned to assist electronic monitoring (EM) participants when a person is in urgent need of support, but movement approval is pending. In such a situation, the CRC can reach out to CCSO colleagues that manage the EM program to help come up with a resolution. CRC clinical staff embedded in CCDOC's Discharge Unit have provided urgent assistance and immediate needs support, including shelter, SUD/mental health/medical hospitalization, transportation, and clothing to individuals prior to release from custody and places people in temporary stabilization housing.

CRC's inclusion within CCSO is an ideal model to assist in addressing the needs of survivors of violence and other crimes, individuals in need of immediate substance use treatment or mental health services, persons displaced by eviction, and returning citizens much sooner than an outside agency, allowing for support and healing to begin as soon as possible. The CRC not only addresses the needs of individuals who come in contact with the CCSO but also any Cook County residents who could benefit from these services.

#### **Treatment Response Team**

TRT clients work with our clinicians in creating, implementing, and completing treatment goals. Clients and their loved ones are included in the recovery process and are provided tools and resources to avoid experiencing another crisis which might involve

law enforcement. Clients are matched with community partners that provide services. TRT provides community outreach and targets overdose "Hot Spots" identified by ODMAP, a real-time suspected overdose data mapping program. Education includes Narcan/Naloxone training and harm reduction principles.

In December 2022, TRT began taking non-emergency calls directed to it by the 9-1-1 Center. These calls which have mental health and/or substance use components are best served by being addressed by the clinicians in TRT. TRT personnel initiate and monitor low risk calls to improve the quality of CCSO response and care provided during the response.

Josef was a participant who spent less than 24 hours in the SAVE program. However, through the prompt completion of intake and discharge paperwork, his contact information was collected and then used to begin community outreach. Weekly check-ins, offering support while Josef was on EM, assisted him in staying focused on his longterm goals. By the time Josef was moved off EM, he had already been referred to and was in active communication with our community partner, Southwest Organizing Project (SWOP). SWOP assisted Josef with enrolling in benefits and obtaining medical coverage. Josef recently celebrated opening a business. He maintains active communication with his Case Manager and continues to avoid re-engagement with criminal behaviors or activities.

#### (7) How continuum of care may be addressed through this program.

#### **CCDOC Department of Behavioral Health**

Each of our Behavioral Health programs including SMART, THRIVE, MHTC, SAVE, and SOAR addresses the continuum of care by assessing client individual needs and wants and creating reentry plans to assist the individual with successful transition to the community. We make referrals to community agencies for reentry services, including housing, substance use treatment, mental health, medical, educational, employment/vocational services, etc. All programs offer intensive

Calvin successfully completed the SMART program in August 2023 and was referred to Haymarket Center for continuity of care. Upon successful completion of treatment and due to his exemplary engagement, Calvin earned a job with Haymarket and now serves as a case manager and group facilitator.

case management and re-entry care coordination which allows individuals to meet with case managers either in person or via phone to provide as much support as possible. We facilitate alumni groups for each behavioral health program, where individuals who are alumni of our programs are invited to remain connected to our clinical staff and treatment team. Additionally, we prioritize "in reaching" programming where we engage community agencies to come to the jail to begin

providing their services to individuals while still incarcerated. This allows rapport to be built between the community provider and the program participants which will increase the likelihood of continued engagement in their program post release.

#### **Community Resource Center**

As an agency that provides care coordination and linkage services for individuals in need of a multitude of services related to housing insecurity and contact with the justice system, the CRC explicitly initiates the continuum of care chain for those we serve.

#### **Treatment Response Team**

TRT addresses the continuum of care by assessing with the client what service they are interested in receiving and what is the least restrictive level of care to achieve their treatment goals. Clients moved through different levels of care to address the different stages of recovery they are in. TRT employs a bio-psycho-social model of intervention to provide the client with the most support possible.

#### (8) Best practices in this type of programming.

#### **CCDOC Department of Behavioral Health**

The Department of Behavioral Health programing is comprised of various mental health and substance use programs including SMART, THRIVE, MHTC, SAVE, and SOAR. Each program is based on best clinical practices. We use the latest research, trauma informed care and practices and are informed on appropriate jail-based standards. Examples of evidenced based programming include the Thinking for Change curriculum (used for MHTC) and Stephanie Covington's Addiction Recovery Materials for justice involved women (used for THRIVE). Many of our programs use a cognitive behavioral therapy approach to reframe cognitions to improve behavior. We comply with ethical standards such as informed consent and appropriate disclosures of information. Clinical staff are provided with daily clinical supervision, attend trainings, and seek peer consultation as needed.

Another best practice is Naloxone distribution to those at risk of an opioid overdose. Naloxone training alerts are added by our partners at Cermak Health Services for patients they have identified who agreed to be trained while in custody. This occurs when patients are admitted into the detox unit or speak with a provider about their addiction. Patients receive education from the provider and then are issued an alert in the Jail Management System, CCOMs. At discharge, CCSO staff recognize the alert and distribute a kit with information and Naloxone to the patient.

"They've [the population that we serve] experienced unresolved trauma, intense grief and loss and their behavioral health issues stem from unmet needs. Sheriff [Dart] recognizes these stats and wants to attend to these stats using evidence-based practices." Joseph Rice, CCSO Behavioral Health Specialist

#### **Community Resource Center**

CRC staff take a trauma-informed, strength-based approach to service delivery, working in collaboration with participants to identify risk and needs based on the individual's desired outcome. The Risk-Needs-Responsivity framework is used to assess risk level, need, and target interventions/guide case management. This evidence-based approach aligns well with the CRC's mission to address justice involvement, victimization, and eviction deficiencies and failures and foster empowerment, strength, and solutions.

#### **Treatment Response Team**

TRT follows the best practices and research from both the field of social work and law enforcement. TRT is rooted in policy and procedure with diligent oversight and on-going training. TRT is offered as a voluntary program for individuals and their loved ones who are experiencing mental duress, mental illness, and/or substance use disorders. Clients sign a release of information and consent which they can revoke at any time. Staff are provided with LCSW clinical supervision

daily and monthly training on best practices and routinely receive clinical training on crisis intervention, co-regulation, and compassion fatigue.

# (9) Meetings/coordination on patient identification, programs and goals with other Cook County agencies, City of Chicago or other partners or entities on this program.

#### **CCDOC** Department of Behavioral Health

Multiple partner agencies in the community contribute to the success of individuals leaving our custody. We continue to work closely with the City of Chicago, Circuit Court of Cook County, Cook County Public Defenders, Cook County State's Attorneys, and Cook County Health and Hospital System. The CCDOC also continues to work with community stakeholders who assist us with wrap around services, continuum of care services and supervision and monitoring of our participants.

#### **Partner Meetings from 12/1/23 – 5/31/24**

#### SAVE

- 12/4/23: Meeting with RISE Ministries to provide participants' children with toys for Christmas.
- 12/5/23: Meeting with University of Illinois Chicago regarding programming.
- 12/15/24: Kolbe House began Enneagram Prison Project.
- 12/21/23: Meeting with READI highlighting READI will no longer be programming with SAVE.
- 12/22/23 and 2/28/24: Meeting with Central States SER regarding programming.
- 12/26/23 and 3/21/24: Meeting with Let's Eat Grandma regarding programming.
- 1/17/24: University of Illinois Chicago began programming with SAVE.
- 1/25/24: Chicago CRED began programming with SAVE.
- 1/31/24: Site Visit to Southwest Organizing Project.
- 2/16/24: Guest speakers David Ayala and Willie Johnson from Violence Interrupters spoke with program participants.
- 2/21/24: Master the Job Market for Success workshop with Let's Eat Grandma to assist community participants with obtaining employment.
- 3/1/24: Guest speaker Jerrianne Porter from Violence Interrupters spoke with program participants.
- 3/1/24: Guest speakers John Brandl, Thomas Hulsebosch, Julie Globokar from Boxing Out Negativity spoke with program participants.
- 3/22/24: Southwest Organizing Project began programming with SAVE.
- 4/4/24: Meeting with Nonviolence Works regarding programming.
- 4/4/24: Guest speakers Ed Hennings, Jon Andrew Rieser, and Byron Thompson from The Phoenix spoke with program participants.
- 4/9/24 and 5/7/24: Meeting with Metropolitan Peace Initiatives Pathways regarding programming.
- 4/11/24: Peace Circle orientation with Precious Blood Ministry of Reconciliation.

- 4/11/24: Site visit to Central States SER.
- 4/24/24: Meeting with Road Home Program regarding programming.
- 4/29/24: Nonviolence Works began programming with SAVE.
- 5/10/24: Meeting with Chinese American Service League regarding programming.
- 5/10/24: Meeting with Ignite regarding programming.
- 5/14/24: Site visit to Ignite.
- 5/16/24: Meeting with Change Companies to discuss digital programming.



#### **THRIVE**

- 12/2/23: Dr. Willie Wilson spoke to program tier women in custody as well as provided them with a \$25 donation.
- 12/6/23, 12/7/23, 12/13/23, and 12/14/23: Women's Justice Institute sponsored a training for Women's Services Staff at their Lacuna Lofts office. This four-day training is being facilitated by Dr. Alyssa Benedict and Sandra Brown. The training focuses on Creating Regulation & Resilience and is part of the CCH SAMSHA grant.
- 12/25/23: The Women's Justice Institute believes that it is vital for children to receive Christmas presents from their mothers. Through the Women's Justice Institute Christmas present program, almost 200 children were able to receive Christmas presents from about 100 mothers.
- 2/22/24: Chicago House staff member Owen Davis presented a Safer Sex 101 class. Class participants included member of the LGBTQIA+ community, housed in Division 9 protective custody tiers. After the class a meeting was held between Chicago House, CCDOC, and Cermak Staff, to discuss ways to provide education and discharge resources to those in custody who identify as LGBTQIA+.
- 3/20/2024: Four participants from the THRIVE and RESTORE program participated in a
  poetry slam through The Women's Justice Institute and The Network Advocating Against
  Domestic Violence. It was a live broadcast with participants from Cook County Sheriff's

- Office, Logan Correctional Center, Decatur Correctional Center, and Fox Valley ATC. The participants shared poems they created about how domestic violence has impacted them.
- 5/04/24: Alpha Kappa Alpha-Chi Omega Omega Chapter completed a service project with THRIVE women in 3 Annex. The event consisted of 15 volunteers who made Mother's Day cards with the women and mailed them home for them. In the afternoon they built two outdoor garden boxes and planted flowers for the women's outdoor recreation space.

#### **SMART**

- 3/6/24: Following the CCSO and IL Secretary of State collaboration, eligible program participants applied for new identification cards that they will receive upon discharge from custody.
- 3/11/24: The Cook County Office of the Chief Judge was on-site to tour CCDOC programs.
- 3/28/24: Representatives from Oxford House gave a presentation to program participants providing education on sober housing and re-entry support.
- 4/18/24: The Cook County Maywood Drug Court Graduation included program alumni.
- 4/24/24: In collaboration with CCSO, the U.S. Secretary of Veterans Affairs visited CCDOC for a speaking engagement involving veterans in custody.
- 5/1/24: Participated in the CCSO Mental Health Awareness Month Event, in conjunction with other programs, departments, and community partners.
- 5/13/24: The Chicago School of Professional Psychology toured to gain more information about volunteer opportunities.
- 5/16/24: The Cook County Adult Drug Court RAP/WRAP Program Graduation included program alumni.
- 5/20-23/2024: Two team members participated in a Peace Circle Keeper (restorative justice) training offered by Precious Blood Ministries of Reconciliation.
- 5/31/24: University of Chicago facilitated a civic education group for program participants.

#### **CARP**

- 11/30/23: Met with The Change Company representative on new relevant curricula.
- 12/4/23: Meeting with Bennie Lee on the possibility of volunteering his service with the program.
- 1/22/24-1/26/24: Internal Advisory Council (IAC); A continuous partnership with Chicago Beyond to improve staff wellness and policy changes. Participated in promoting staff wellness by hosting a booth during BIDS, in conjunction with CCSO Staff Wellness and Peer Support.
- 1/31/24: Program leaders attended University of Illinois Chicago volunteer/internship fair hosted for their partner sites and students to connect.
- 3/22/24: Presented at Catalyst Circle Rock Charter School Career Day.
- 4/11/24: Team members participated in the Peace Circle orientation with Precious Blood Ministry of Reconciliation.
- 4/16/24: Met with Hustle 2.0 representatives on new relevant curricula.
- 5/1/24: Participated in the CCSO Mental Health Awareness Month Event.
- 5/17/24: Green Reentry-Inner City Muslim Action Network (IMAN); This guest speaker spoke on the resources his organization provides i.e., trade certification, transitional housing, and life skills education.

• 5/20/24-5/23/24: Team members participated in the Peace Circle (restorative justice) training offered by Precious Blood Ministry of Reconciliation.

#### **MHTC**

- All events listed below are facilitated in conjunction with the monthly series MHTC Connecting to the community. This program collaborates with Community based organizations to highlight resources and re-entry information to participants.
  - o 11/17/23 and 1/19/24: Goodwill/Workforce Connection
  - o 12/15/23: Team Englewood
  - o 3/22/24 and 4/19/24: Lawerence Hall
  - o 5/31/24: Safer Foundation
- Month of December Meetings/Events:
  - o Thinking for A Change Fall Graduation Event.
  - o Holiday Re-entry event for MHTC participants. Hosted New Birth outreach ministries who contributed Holiday gifts and offered spiritual encouragement.
  - o CSAC meeting in the community every 4th weds of the month.
- 5/1/24: Mental Health Awareness Kickoff Event for CCSO: This event provided resources on wellness and mental health.
- 5/9/24: Thinking for Change Spring Graduation Ceremony.
- 5/23/24: The 6<sup>th</sup> Annual Job and Resource fair. This event hosted over 25 vendors from the community that assisted program participants with re-entry resources and job information.



#### **Community Resource Center**

CRC leadership is committed to building a broad network of partners, prioritizing relationship building while working to strengthen existing partnerships. In the first half of the year, CRC has collaborated with external partners including the following organizations:

- House of Hope A non-profit organization that provides support, mentoring and gang intervention to at risk youth and adults.
- National Provider Network A collective of organizations, stakeholders and community members sharing resources and references for specific areas within Illinois and surrounding areas.
- Cara Collective A non-profit organization specializing in personal and professional development for people affected by poverty to assist with career opportunities and job development.
- Pacific Garden Mission A homeless shelter providing temporary housing to women and men.
- Riveredge Hospital A psychiatric hospital providing inpatient and outpatient behavioral healthcare to children, adolescents, young adults, and adults.

#### **Treatment Response Team**

TRT has regular and on-going communication, coordination, and data sharing with our Cook County partners. The Co-responder Virtual Assistance Program (CVAP) provides immediate on-scene mental health co-response to 32 Suburban Police Departments and assists the Chicago Police Department crisis intervention team in the 15th and 18th District. TRT is in the process of onboarding several new municipal police departments. TRT consistently meets with community partners including Chicago Police, Suburban Police Departments, the FBI and multiple behavioral health providers. Clients are typically referred to Cook County Health and Hospital System, Miles Square, Gateway, Thresholds, Above and Beyond, Trilogy, Haymarket and NAMI.

(10) An evaluation of the program and an overview of any overlap in outreach, communities served, and programs with other Cook County and City of Chicago Agencies, and an evaluation of the impact of the program and an overview of its effectiveness, particularly as it pertains to vulnerable populations, racial and ethnic minorities; and populations facing disparities in behavioral health outcomes, behavioral health care, and behavioral healthcare access.

#### **CCDOC Department of Behavioral Health**

Although there are other behavioral health services available to individuals in the community, CCDOC is the only agency uniquely positioned to offer behavioral health services directly to those within the jail or on electronic monitoring. As indicated in our answer to Question #4, various items are evaluated as performance indicators for each CCDOC program. Participants in all CCDOC programs trend toward outperforming a comparison group (if available) made up of individuals with similar characteristics. Individuals in CCDOC, either within the jail or on electronic monitoring, are a vulnerable population. Additionally, the population served is overwhelmingly persons of color who experience behavior health disparities. We aim to work with these individuals to help address health needs related to behavioral/mental health and substance use disorder and ultimately assist individuals find the care they needed for rehabilitation.

#### **Community Resource Center**

CRC is uniquely positioned to assist those who are facing struggles of any kind, working with vulnerable individuals to address concerns relating to housing, employment, healthcare, and much more. CRC also works with recently released individuals, individuals on electronic monitoring, and persons at risk of eviction. To our knowledge, there is no other entity in Cook County that is set up to be a comprehensive information hub to link vulnerable individuals in need to the correct services available. Regarding impact, weekly call reports produced by the CRC reflect thousands of outreach efforts made each week to individuals, many of which are linked to services.

#### **Treatment Response Team**

Although there are many social service agencies throughout Cook County who aim to address mental/behavioral health and substance use disorder, TRT is unique as it offers the Sheriff's police a direct internal resource when they encounter individuals who may need mental/behavioral health resources. The TRT CVAP model has been successful at deescalating behavioral health related calls to police, providing support to individuals with mental/behavioral health needs, and referring individuals to appropriate community services when needed. TRT has tracked that a majority of clients engage in services after referrals are given to them, which demonstrates that the follow up services that TRT is providing is linking individuals to the care that they need. The success of the

TRT program is also reflected by the additional agreements with 37 other law enforcement agencies in Cook County.

"We need more programs like this that bridges the gap; that also forges relationships between the police and the community," said Dr. Lachell Wardell in speaking about her family's experience as a client of the Treatment Response Team.

#### (11) Program costs and funding source(s).

#### **CCDOC Department of Behavioral Health**

The major costs associated with the CCDOC Department of Behavioral Health programs are primarily staff time. The table below represents staff salaries and benefits for December 2023 - May 2024. Most CCDOC Department of Behavioral Health staff salaries are covered under the CCSO general operating budget.

CCDOC Program	# of FT Staff	Funding Source: CCSO Operating Budget	Total Funds for Staff salaries + benefits (6/1/23 -11/30/23)	
SMART	14	\$465,859	\$633,859	
THRIVE	12	\$422,356	\$566,356	
MHTC	8	\$310,648	\$406,648	
SOAR	In the summ	In the summer of 2020, SOAR merged with the SMART and THRIVE		
	programs. SMART and THRIVE staff operate the SOAR program.			
SAVE	10	\$335,174	\$455,174	
CARP	10	\$365,044	\$485,044	
TOTAL	54	\$1,899,081	\$2,547,081	

#### **Community Resource Center**

The costs associated with the CRC are primarily related to staff time. There are a total of 19 full-time CRC staff. The table below represents staff salaries and benefits for December 2023 - May 2024. CRC staff salaries are covered under the CCSO general budget.

Funding	# of CRC Staff	Funding Source: CCSO Operating Budget	Salary + Benefits (12/1/23 – 5/31/2024)
CRC	19	\$740,320	\$968,320
TOTAL	19	\$740,320	\$968,320

#### **Treatment Response Team**

The major costs associated with TRT consist primarily of staff salaries. The table below represents staff salaries and benefits for December 2023 – May 2024. All TRT staff salaries are covered under

the CCSO general operating budget except for the grant funded Overdose Response and Coresponder Assistance position.

Funding	# of TRT Staff	Funding Source: CCSO Operating Budget	Grant Funding	Salary + Benefits (12/1/23 - 5/31/24)
TRT	15	\$596,051	\$38,300	\$814,351
TOTAL	15	\$596,051	\$38,300	\$814,351

## (12) Additional information which may facilitate the Committee's understanding of the program, initiative, or activity.

#### **CCDOC Department of Behavioral Health**

When new best practices are identified, CCDOC will update current programs, establish new programs or host unique opportunities for staff or individuals in custody. Additional opportunities over the first half of the year include the following:

#### SAVE

- Integrating digital technology to enhance programming.
- Nonviolence Works programming began with participants.

#### **THRIVE**

- Alcoholics Anonymous will be conducting four in person 12 Step groups per month with women from general population tiers.
- Alexandra Goldstein, AP Research student from Whitney Young CPS High School, completed a research project on ten women from THRIVE and RESTORE. A Women's Services staff member was present for support of the student and clients.
- ABC-7 reporter Mark Rivera covered a story on how jail drug treatment programs are responding to the opioid crisis. The coverage included a substance use group as well as individual interviews.
- The 40 Plus Double Dutch Club held a recreational event with program tiers THRIVE and RESTORE. The event involved activities such as jump ropes, hula hoops, Chinese ropes, and hopscotch.
- The CCSO Sheriff's Podcast recorded an episode with staff and participants.
- NBC's LeeAnn Trotter covered a segment on the Women's Views film festival program, in Division 3 Annex, with female participants. Participants are judging films that they will select for their upcoming film festival. The films are made for and by women.
- Sister Angele's Painting from The Heart was filmed for the Archdiocese.
- Women's View held their celebration as they culminated their film curation course. A viewing of the film will take place in June with participants.

• The fifth "Family C.A.R.E.S" (Creativity and Relationship Engagement Series) event took place with a Mother's Day Theme at the MHTC Kitchen - 13 incarcerated mothers, 13 caregivers and 22 children participated in the event. Illinois Action for children donated the decoration, games, and goodie bags for the families. Families were able to take pictures with a polaroid camera and keep the pictures as memories.

"It's nice to see when they start to get the different things, we are working on.... the method leads them to want more for themselves and they believe they can have more for themselves." – Megan Lehmann, CCSO Behavioral Health Specialist

#### **SMART**

- Two Alumni Meetings were held virtually via Microsoft Teams.
- Created a supplemental programming initiative called the SMART Creative Expression Group. The purpose of this voluntary group is to offer participants a creative therapeutic outlet by incorporating expressive arts therapeutic interventions into addiction treatment and recovery.
- ABC7 Chicago News recorded a news segment highlighting the program, which included interviews with participants.
- Participants were selected to participate in a 7-week course entitled Building Resilience for Community Healing facilitated by the McCormick Theological Seminary.

#### **CARP**

- Team members hosted a workshop on building healthy work relationships with Division 9 Rehabilitation Unit Officers.
- Team members and IAC team members hosted a Christmas Party in Division 9 to continue build comradery between all staff members.
- Partnered with CCSO Recipe for Change Program to host a Christmas program for those housed in the dorm.
- A core group between program leadership, sworn officers and sworn leadership was formed in Division 9 Rehabilitation Unit to strengthen rapport, communication, and to continue to grow programming.
- Displayed a table with mental health resources in Division 9 for Mental Health Awareness Month for civilian and sworn staff.
- Displayed a table of treats in Division 9 for Mother's Day for civilian and sworn staff.
- Met with DOC Directors and Sworn Leadership to implement materials on CCDOC tablets, specifically for Rehabilitation Unit housing.

#### **MHTC**

• In person Alumni meeting every 3<sup>rd</sup> Monday of the month

#### **Community Resource Center**

Since March 2024, the Cook County Sheriff's Office Community Resource Center has expanded to include Tier Outreach within the Department of Corrections as a source to assess individuals in custody. Follow up and case management linkage would occur once the individual in custody is released to the community.

#### **Treatment Response Team**

In January 2021, the Treatment Response Team expanded its scope to include assisting Sheriff's Police Officers' response to both mental health and substance use calls. In June 2021, TRT partnered with Oak Lawn Police Department to implement the TRT CVAP model followed by the Blue Island Police Department in November 2021. In March 2022, TRT initiated the CVAP model with Northbrook Police Department. Similarly, TRT is assisting CPD and Chicago citizens in the River North area via outreach. At the end of 2022, TRT brought CVAP to Bridgeview, South Chicago Heights, and Stickney Police Departments. The 9-1-1 Center has been forwarding non-emergency calls to TRT since December 2022. In March 2023, two clinicians were hired who are now embedded at the 9-1-1 center taking non-emergency calls during business hours Monday-Friday. For the non-emergency calls overnight and on weekends, TRT addresses the calls off-site.

In the first half of this year, CBS National News covered the CVAP program as a model to deescalate mental health crises and how it could be expanded to other parts of the country. Additionally, the CDC ORS Community and Broward County Sheriff's Office Florida nominated TRT to present their program to their constituents. Broward County Sheriff's Office is creating a Co-Responder Virtual Assistance Program modeled after TRT's CVAP model.

(13) Information which may foster a more accurate assessment of behavioral health care needs and opportunities for collaboration or growth within the Cook County Government entity's behavioral health care programs.

#### **CCDOC Department of Behavioral Health**

The CCDOC Department of Behavioral Health provides mental and behavioral health programing to individuals in custody in coordination with Cermak Health Services of Cook County. Having this programming is a practical and effective way to reach those in custody, as no other entity has such a direct connection to this population. The CCDOC mental and behavioral health programs are rooted in evidence-based practice. Our clinicians are regularly assessing the department's program methods and outcomes and are kept apprised of the latest research regarding justice-involved individuals, so that they may adjust or change their approach to provide the best care to all program participants.

#### **Community Resource Center**

Although CRC services are available to the general public, a vast majority of the linkages and referrals the CRC provides are to individuals who have involvement with CCSO. CRC, as an entity

of the CCSO, is the logical party to provide these links to community organizations and has a responsibility to those involved with CCSO to guide them to the service/assistance they need. The CRC should be the natural first stop for information for the CCSO-involved population. No other organization can fulfill this role as efficiently and effectively. As the CRC becomes more established and builds more relationships with community partners, CRC will be able to support stronger, healthier communities throughout Cook County.

#### **Treatment Response Team**

As our entire state moves to a more equitable approach to addressing mental and behavioral health emergencies, TRT is exploring ways to expand and grow their services. With the implementation of both the national 9-8-8 suicide prevention and mental health crisis lifeline along with the passage of Community Engagement and Supportive Services Act (CESSA) in Illinois, CCSO and TRT envision being at the forefront of guiding the State's response to mental health emergencies in Cook County. We foresee that opportunities will grow for mobile mental health crisis units and co-responder models, like the TRT CVAP program, as Illinois expands its capacity and expertise to respond to mental health emergencies.

TRT continues to expand their CVAP program in conjunction with, and not in competition with, the State's development of alternative response to mental health and substance use crises. CCSO is a leading contributor to the development and implementation of 9-8-8 and CESSA with other partners across the State. The use of co-response and alternative response in collaboration will provide the most appropriate response to situations and provide care in the most effective manner. CCSO was a member of the 9-8-8 Planning Key Stakeholder Coalition and is actively involved in all CESSA committees including appointments by the Secretary of IDHS to CESSA Regional Advisory Committees (RACs) for EMT Regions 7 and 11. Congress mandated that the 9-8-8 hotline be available nationwide by July 16, 2022, and 9-8-8 launched on that date. Other civilian crisis response elements included in CESSA (including mobile crisis units) are not expected to be operational across the state until July 2025.

## (14) Information on follow up care at a Cook County hospital including medication management as a part of aftercare.

Individuals in custody at CCDOC receive medical services from Cermak Health Services. CRC refers individuals to the Cook County Health and Hospital System (CCHHS). Post-release, those who were taking medications while detained receive prescriptions for a refill at Stroger or a Cook County Health clinic. TRT engages with individuals in the community. TRT clients are given transportation benefits via UBER health transportation/travel vouchers for all treatment related appointments and are referred to relevant providers which includes CCHHS.

"This is not a jail. This is a place of rehabilitation." – Ronald Harris, CCSO Behavioral Health Specialist