

CCH Mental Health and Substance Use Disorder Services

Semiannual Report

December 2023



Cook County DEPT. of
Public Health



COOK COUNTY
HEALTH

Agenda

- CCDPH Community Behavioral Health Unit
- Cermak Mental Health Services
- Juvenile Justice Behavioral Health
- CCHHS Department of Psychiatry/CCH Substance Use Disorders



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CCDPH Community Behavioral Health Unit

Metrics - NT885 - Behavioral Health Expansion*	Result
# of participants or people serviced	4,045
# of communities reached	536
# of schools reached	176
# of clients referred to additional support services	847

Metrics - NT036 - Overdose Prevention*	Result
# of naloxone kits given out by subrecipient CBOs	2,098
# of naloxone training sessions performed by CBOs	1,847
# of various harm reduction safer use supplies	5,081
# of individuals received harm reduction counseling	2,442
# of clients referred to additional support services	2,178
# of participants/people serviced	2,537



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Cermak Mental Health Services

- Treatment provided to more than 2000 individuals each month (42% of the jail population) and volume remains high at all levels of care.
- All detainees are screened at intake for Mental Health (MH) and Substance Use Disorder (SUD). 24/7 coverage is provided, and detainees admitted to infirmary psychiatric care are seen by a psychiatrist within 24 hours. 97% of detainees requesting (non-urgent) MH requests are seen by MH staff within 72 hours.
- Best practices and accomplishments include:
 - Lower readmission rate to intensive treatment settings compared to national rates
 - Coordination of post-release care,
 - including coordination with CCH and retail pharmacies to ensure detainees receive post-release medications when prescribed
 - Internal quality improvement program
- NCCHC Accreditation: In August 2023, Cermak was awarded full accreditation by the National Commission on Correctional Healthcare. Cermak's Opioid Treatment Program (OTP) is also NCCHC accredited. Cermak's is the only accredited OTP in any Illinois correctional facility and one of only a few accredited correctional OTPs in the nation.



Juvenile Justice Behavioral Health

- All detainees are screened at intake and 64% of the JTDC population receive MH services. The JTDC Behavioral Health Program provided on-site clinical coverage 365 days/year from 08:00-22:00 as well as 24-hour psychosocial and psychiatric on-call services
- In FY23 both encounters and referrals are significantly higher than for the same period in FY22.

	Encounters	Referrals
FY23	54,491	9,225
FY22	39,659	6,655

- At least five evidence-based psychotherapies are utilized at JTDC and have also provided over 500 hours of training to justice system partners over the past 2 years. The Juvenile Justice Care Coordination program (JJCC) connects justice-involved youth to CCH based and other community behavioral health services.
- In 2023, the Administrative Office of the Illinois Courts (AOIC) site review found JTDC to Exceed AOIC standards.
- Also in 2023, Illinois Department of Juvenile Justice (IDJJ) concluded “the breadth of mental health services available to youth at the JTDC **far exceeds** minimum standards.”



CCHHS Department of Psychiatry / CCH Substance Use Disorders Program (SUD)

Dept of Psychiatry--

- Provided care to more than 6,000 patients a quarter in 2023.
- Provide care to hospitalized and emergency department patients at both Stroger and Provident as well as to outpatients in the ACHN system.
- ARPA initiatives include:
 - expansion of Long-Acting Injectable (LAI) clinics for patients with severe mental illnesses;
 - construction of two new pediatric psych beds in the Stroger ED;

CCH SUD—

- Medications for addiction treatment (buprenorphine and naltrexone), peer-based recovery support services (recovery coaches), mental health counseling, drug checking kits for overdose prevention, and naloxone for overdose reversal available in all ACHN ambulatory health centers.
- Best practices and evidence-based interventions include Medications for Addiction Treatment (MAT), Screening, Brief Intervention, and Referral to Treatment, SAMHSA Re-Entry (following incarceration) needs assessment, Peer-Based Recovery Support Services, Housing First, and Harm Reduction models. Programs also partner with numerous community agencies to assure access to a broad spectrum of services and quality metrics are tracked for specific grants.



Thank You



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