



#21-4331

Behavioral Health Services Report Q1 2021 (March-May)

Cook County Health & Hospitals Committee Meeting
September 20, 2021

Cook County Health
Cermak Mental Health Services
Jesus M. Estrada, MPA, CCHP - Chief Operating Officer



COOK COUNTY
HEALTH

Mental Health Department at Cermak Health Services

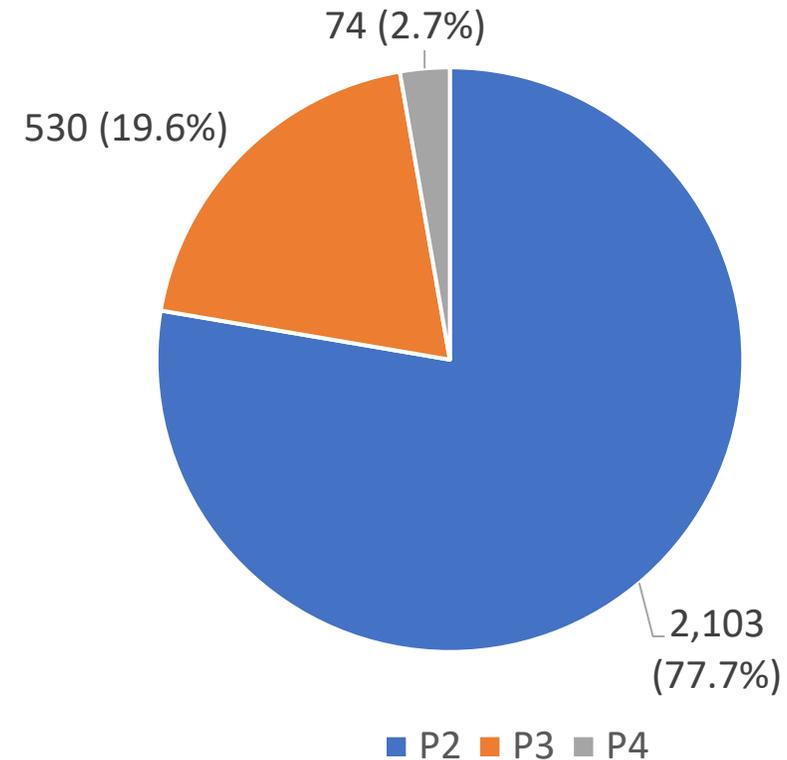
- Provides care for detainees remanded to Cook County Sheriff's custody at Cook County Jail.
- YTD 2021 weekly average jail population- 5,678
- The average length of stay for patients on the mental health caseload exceeds that of patients in general population.
- Cermak is the largest single site provider of Mental Health Services in Illinois.
- 100% of detainees are screened in Intake to identify emergently needed mental health services and chronic MH needs that require treatments (“preloading on the front end”).
- Cermak provides emergent, urgent, and routine MH services.
- Cermak's EMR and services are integrated with CCH.
- Cermak's primary focus is access to care and patient safety. Along the spectrum of MH care, from Intake to the point of release, detainees receive numerous suicide risk screenings and assessments.
- Cermak Health OTP Program is accredited by the National Commission on Correctional Health Care (NCCHC)

Levels of Care

Patients' housing is determined by their Mental Health condition and treatment needs and is divided into Levels of Care:

- P4- Psychiatric Special Care Units (comparable to inpatient psychiatric wards); these units house unstable and acutely ill patients
- P3- Residential Treatment Unit (houses patients with serious and enduring MH needs)
- P2- Outpatient Level of Care (houses detainees who can function adaptively and are compliant with treatments)

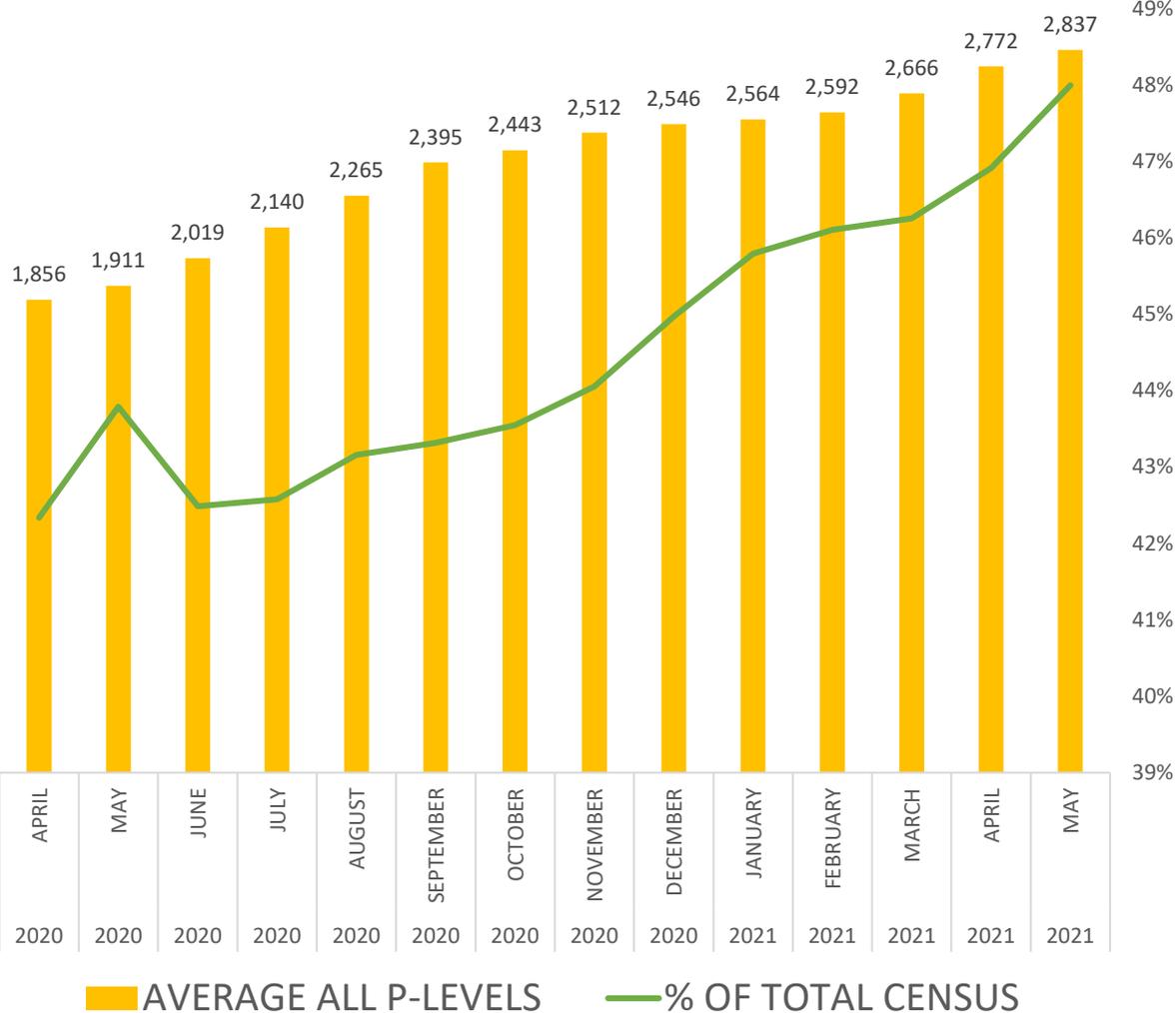
Mental Health Caseload June 2021



Mental Health Caseload at Cermak

- Recently there has been a significant expansion of Mental Health caseload in relation to the overall Jail population.
- Over the past two years, MH population has grown in absolute numbers, and as a percentage of the total behind-the-walls population. It now constitutes nearly 48% of the Jail census.

AVERAGE DAILY MENTAL HEALTH CASELOAD



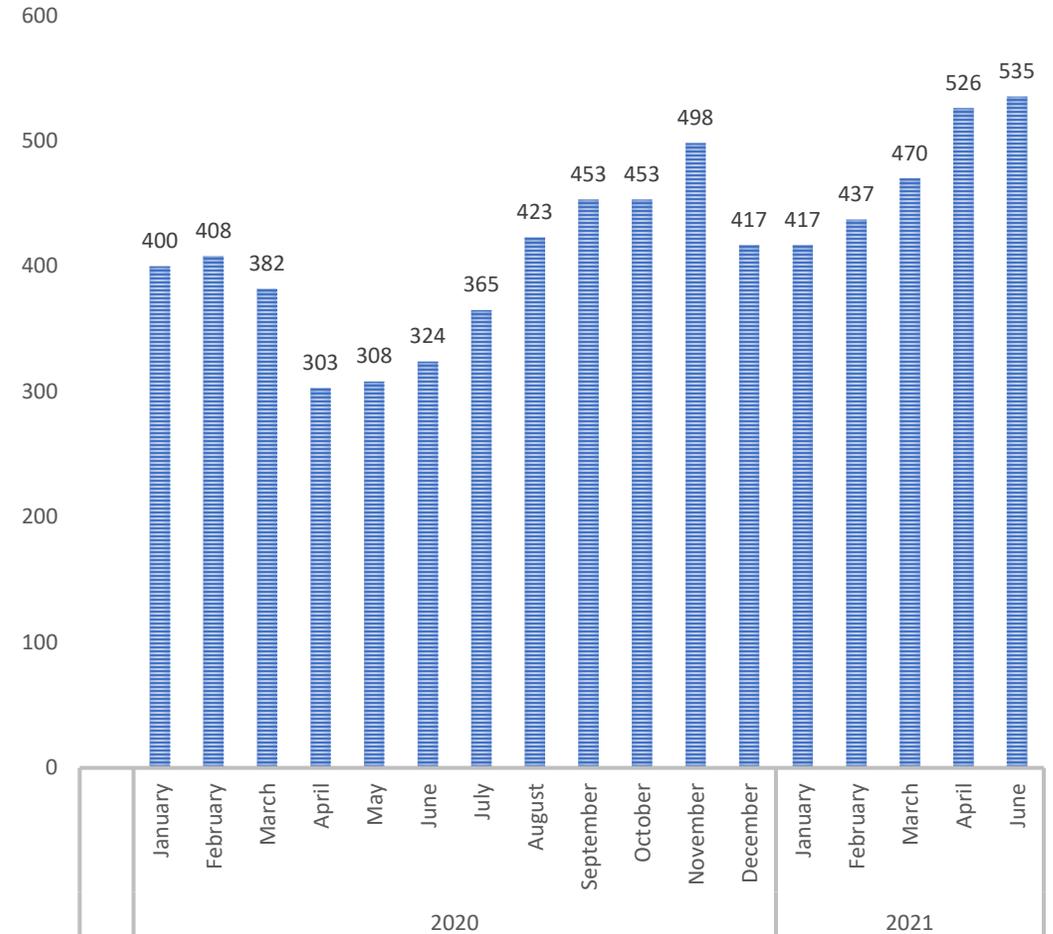
Seriously Mentally III

The number of patients who require intensive services and high utilization of resources (Cermak-P3) has grown over time as well.

This group is linked to:

- Self injury
- Opportunities exist for re-entry services (recidivism directly tied to access to community based mental health services)
- Increased length of stay
- Difficulty with diversion
- Need for dormitory style housing and direct supervision

AVERAGE DAILY P3'S



Demand for services

- Jail Compound-wide COVID-19 response “depressed” clinical activities and interpersonal encounters. As a result, Cermak saw a decrease in direct contacts with patients.
- While the jail compound is returning to normalcy of operations, we are seeing a surging demand for MH services across the spectrum of care and in all clinical disciplines.
- Normalization of operations is addressed collaboratively with DOC leadership while Cermak MH remains clinically autonomous.

