



Mental Health Services Quarterly Report

Cook County Health & Hospitals Committee Meeting – November 2, 2021

Cook County Health – Correctional Health Services / JTDC

Report Period: June 2021-August 2021
Item #: 21-5569
Presenter: Dr. Brian Conant, Juvenile Justice Behavioral Health Director



Cook County DEPT.
of
Public Health



COOK COUNTY
HEALTH

Mental Health Services at the JTDC

- Mental Health (MH) Staff (Psychologists, Psychiatric Social Workers, Mental Health Specialists) on site: 7 days per week; 365 days per year; There is an on-call Mental Health staff everyday
- Psychiatry coverage 5 days/week (Mondays – Fridays): There is an on-call psychiatrist everyday
- All youth are given the Massachusetts Youth Screening Instrument – 2 (MAYSI-2) within 4 hours of admission and a comprehensive face to face MH intake assessment within 72 hours of admission
- Youth identified as being in need of MH services are provided with comprehensive treatment plans and post release care coordination services
- The JTDC MH Program is accredited by the National Commission on Correctional Health Care (NCCHC)
- JTDC MH services include:
 - Individual counseling
 - Group counseling
 - Substance abuse services
 - Psychiatric services
 - Crisis intervention
 - Daily rounds on all pods
 - Weekly clinical staffings
 - Consultation to the court
 - Trauma informed services
 - Evidence based programming
 - Custody care planning
 - Suicide prevention services

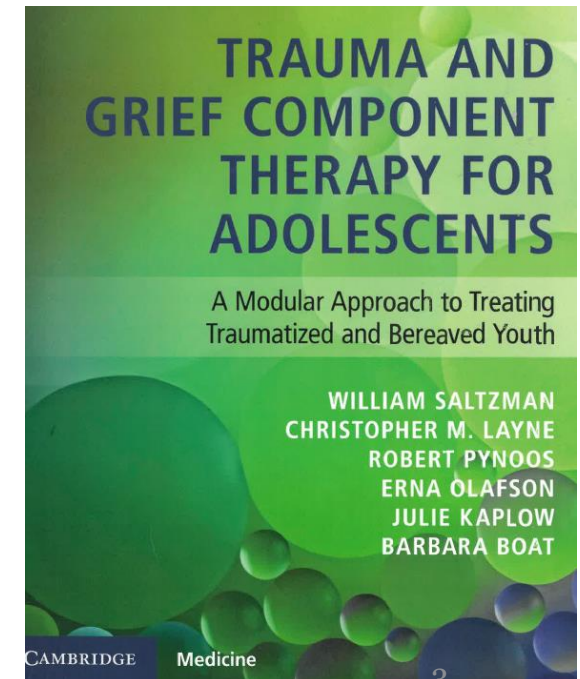
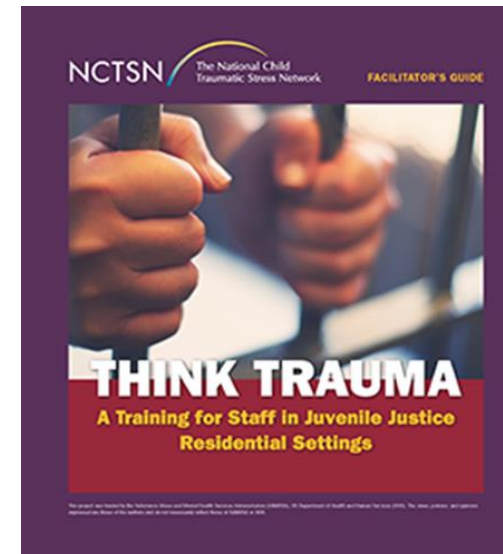
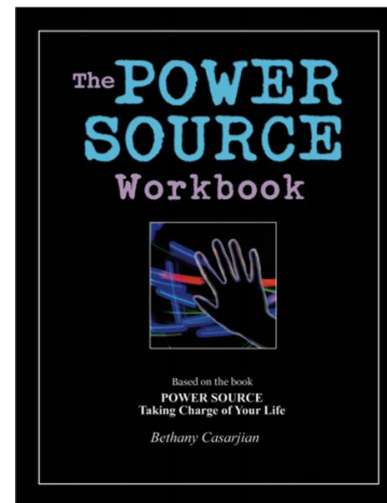
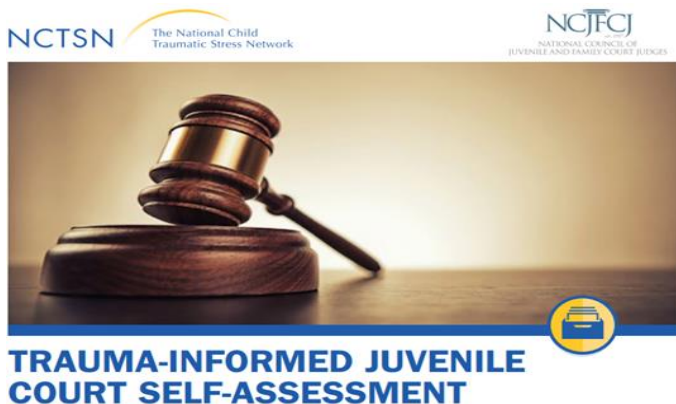
Evidence Based Services and Trauma Informed Care at the JTDC

- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Trauma and Grief Component Therapy for Adolescents (TGCTA)
- Power Source: Taking Charge of your life
- Maryville Academy Substance Abuse Services
- Trauma Informed Juvenile Court Self Assessment
- Think Trauma
- Shield of Care Suicide Prevention



TF-CBT Web 2.0 | A course for Trauma-Focused Cognitive Behavioral Therapy

- | | |
|------------------------------------|---------------------------------------|
| Foundations of TF-CBT | Trauma Narration and Processing I |
| Psychoeducation | Trauma Narration and Processing II |
| Parenting Skills | In Vivo Mastery |
| Relaxation | Conjoint Parent-Child Sessions |
| Affect Identification & Regulation | Enhancing Safety & Future Development |
| Cognitive Coping | |



Mental Health Program Statistics

JTDC average length of stay:

Males: 34 days

Females: 19 days

Overall: 33 days

Program Evaluation includes:

Quarterly Continuous Quality (CQI) Improvement meetings

Dashboard data reviewed by JTDC and CCH on quarterly basis

Annual CQI studies

Annual peer review exercise

Specific Mental Health Contacts	YTD Sum
Intakes	726
Referrals	5816
Individual Therapy Sessions	3555

Mental Health Population	FY 2021 Ave Through Q3
Mean Active Treatment Cases	93.3
Mean JTDC Population	166.3
Percent JTDC Population Active Treatment Cases	55.9%

JTDC Total Mental Health Encounters and Clinical Activities

