



Cook County Sheriff's Office (CCSO)
Behavioral Health Services
Quarterly Report
August 2022

Jane Gubser, Psy D
Executive Director, Cook County
Department of Corrections
Jane.Gubser@ccsheriff.org

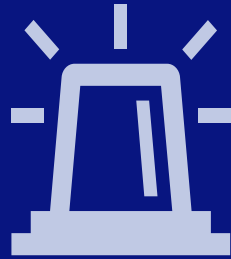
Sheriff Dart's Commitment to Behavioral Health

The Sheriff's Office is uniquely positioned to identify and assist vulnerable populations, including people with behavioral health issues. We try to make every interaction an opportunity to help someone get on a more positive trajectory.



Department of Corrections

43% of individuals incarcerated in Cook County Jail have been identified by Cermak Health Services as needing Mental Health treatment



Sheriff's Police Department

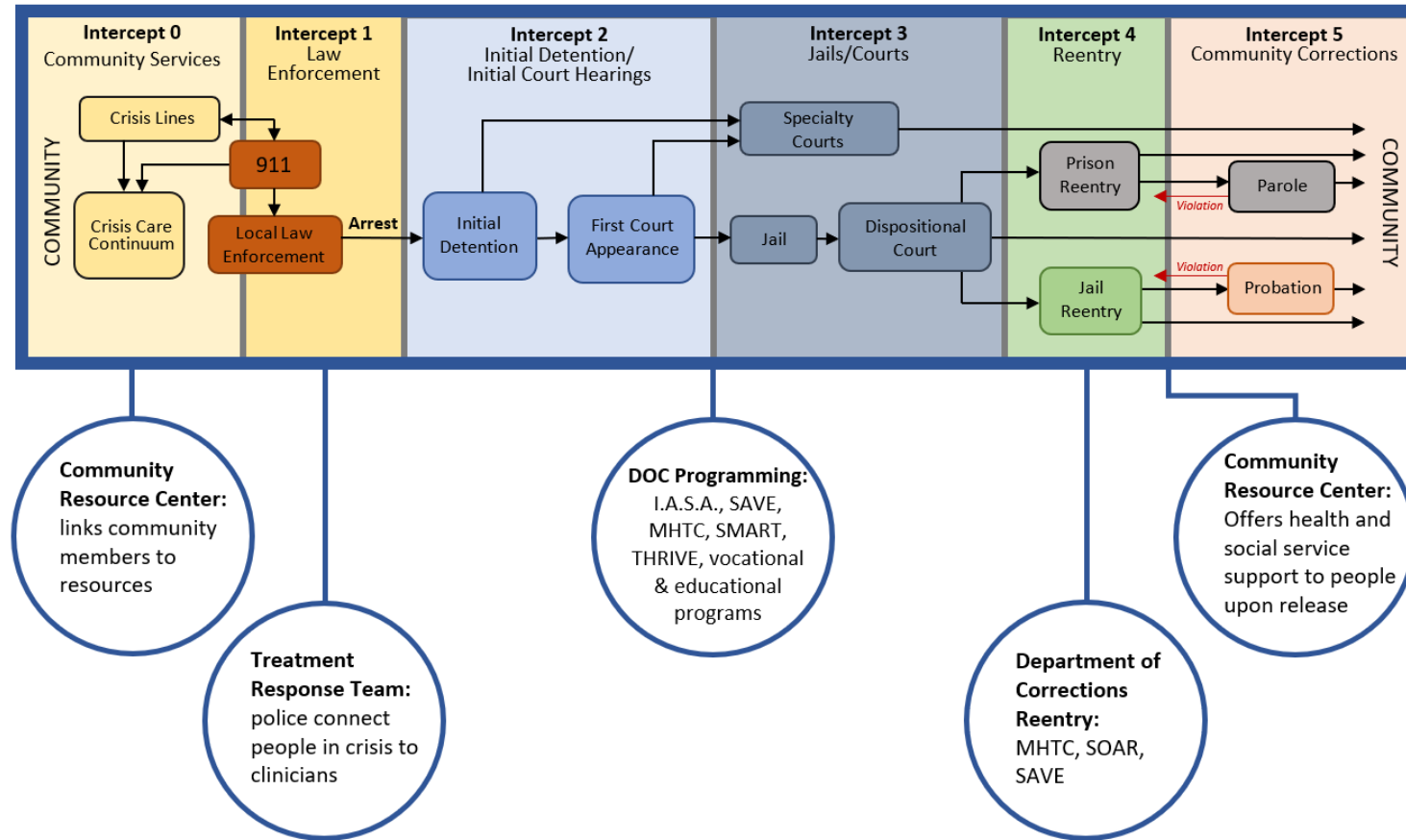
Police frequently interact with people experiencing mental health or substance abuse crises



Court Services Department

Behavioral health issues are often intertwined with domestic violence and housing instability

Behavioral Health Interventions on the Sequential Intercept Model



Cook County Department of Corrections

Number of Participants,
June 2021 – August 2022

SMART (Sheriff's Men's Addiction Recovery Treatment): Court-ordered program that serves men with substance abuse and co-occurring disorders	613
THRIVE (Therapeutic Healing Recovery Initiative for Vitality and Empowerment): Court-ordered program that serves women who suffer from addiction	204
MHTC (Mental Health Transition Center): Voluntary program that serves men who need mental health/substance use treatment, criminal risk reduction and intervention, vocational skills training and education services	441
SOAR (Sheriff's Opioid Addiction Recovery Program): Court-ordered/voluntary program that serves incarcerated individuals who are recovering from opioid addiction	267
SAVE (Sheriff's Anti-Violence Effort): Voluntary program that serves male detainees between 18-25 years old who are likely to be victims of violence or to perpetuate violence	482

CCDOC Programs: Best Practices & Key Indicators

- The Department of Behavioral Health is comprised of various mental health and substance abuse programs including SMART, THRIVE, MHTC, SAVE, and SOAR. Each of these programs is based on best clinical practices. We use the latest research, trauma informed care and practices and are informed on appropriate jail-based standards.
- The CCDOC implemented the Computerized Adaptive Testing for Mental Health (CAT-MH) across four CCDOC programs – SMART, THRIVE, SAVE and MHTC. This serves as a key performance indicator for the CCDOC behavioral health programs.
- **SMART:** Research indicates that the recidivism rate at 30 and 60 days of program participants is statistically significantly lower than that of the comparison group.
- **THRIVE:** Participants are given the Depression Anxiety Stress Scales (DASS 42) assessment. The differences from pre to post test responses in the categories of depression, anxiety and stress scores were statistically significant in all three areas.
- **SAVE:** Since the program began on May 13, 2016, and as of August 19, 2022, SAVE staff have connected with or attempted to connect with 736 participants to offer case management. 59% of participants who have been in good standing in the community have not been rebooked on a violent offense.



- Launched as a virtual supportive services initiative in September 2020
- Direct response to increased needs caused by the COVID-19 pandemic
- Leverages new and existing community partnerships
- Serves as a launch pad to link individuals to resources that meet their unique needs
- Service is provided to individuals leaving the Jail, on electronic monitoring, and facing eviction, as well as to any interested Cook County resident
- Services provided from June – August 2022
 - 8,638 outreach calls made
 - 5,009 new individuals called
 - 837 individuals accepted services
 - 9,980 referrals were made

Community Resource Center (CRC)

- As an agency that provides services to individuals who have had contact with the CCSO, the CRC is uniquely positioned within the CCSO to assist an individual who may be in a vulnerable state. For example, our clinical staff can assist electronic monitoring (EM) participants when a person is in urgent need of support, but movement approval is pending. In such a situation, the CRC can coordinate directly with the EM program to determine a solution. CRC clinical staff embedded in CCDOC's Discharge Unit, have provided urgent assistance and immediate needs support, including shelter, SUD/mental health/medical hospitalization, transportation, and clothing to individuals prior to release from custody while additionally placing people in temporary stabilization housing.
- The collaboration between our CRC clinicians and CCSO sworn partners is an ideal model to assist CCSO-involved individuals including those impacted by evictions, domestic violence survivors and other victims of violence and crime. Having the CRC embedded in the CCSO has helped address the needs of survivors of violence and other crimes, individuals in need of immediate substance use treatment or mental health services, persons displaced by eviction, and returning citizens much sooner than an outside agency, allowing for support and healing to begin as soon as possible.

Treatment Response Team (TRT)

- Co-responder virtual assistance program consisting of licensed social workers and clinicians
- Launched in 2019 as a response to opioid epidemic; has expanded to work with anyone suffering from mental/behavioral health crisis
- Transitioned to virtual tablet/phone program in December 2020 due to COVID-19
 - Available by phone and tablet to the Sheriff's Police 24/7 to assist with and respond to behavioral-health related calls
 - Immediate connection with a social worker de-escalates the situation, gives the police on scene the necessary time to better understand the issue, and allows for the police to decide on the best course of action

# of TRT Participants	Area of Residence
599	Unincorporated Cook County
5	15 th District
62	Other, Chicago
98	Other, Suburban Cook
55	Ford Heights
17	Other