



# Board of Commissioners of Cook County

118 North Clark Street  
Chicago, IL

## Legislation Text

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**File #: 23-4979, Version: 1**

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### **PROPOSED RESOLUTION**

#### **HOPE FOR THE DAY'S NATIONAL SUICIDE PREVENTION & ACTION MONTH RESOLUTION (N.S.P.A.M.P.)**

**WHEREAS;** with September being recognized as “Suicide Awareness Month,” the **National Suicide Prevention & Action Month Resolution** was created to raise the visibility of mental health and proactive suicide prevention resources in our community. We also want to start the conversation, destigmatize it, and help connect people with the appropriate support services; and

**WHEREAS;** According to the American Foundation for Suicide Prevention (A.F.S.P.), suicide is the second leading cause of death among individuals between the ages 10 and 34 with more than 48,000 people dying by suicide annually in the United States; and

**WHEREAS;** According to Hope For The Day (H.F.T.D.), with an average of 132 suicides completed daily and each one directly impacting 100 additional people, including friends, service members, family, social media connections, and neighbors we can safely assume everyone has been impacted by suicide;

**WHEREAS;** Cook County Government publicly places its’ full support behind those who work in the field of mental health, education, suicide prevention and law enforcement; and

**WHEREAS;** Global organizations like Hope For The Day and our local mental health partner Cook County Health and Cook County Department of Public Health, serve on the front lines of a war that many refuse to discuss due to stigma; and

**WHEREAS;** We encourage all residents to take time to understand mental health through education and recognize that we need to take care of our mental health while we take care of each other.

**NOW, THEREFORE,** be it resolved that Cook County Board of Commissioners, do hereby proclaim the month of September 2023 as National Suicide Prevention & Action Month in Cook County IL

**NOW THEREFORE BE IT FURTHER RESOLVED,** a suitable copy of this resolution be placed in the official records of this honorable body.