



# Board of Commissioners of Cook County

118 North Clark Street  
Chicago, IL

## Legislation Details

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<b>Title:</b>	PROPOSED RESOLUTION				

### RECOGNIZING THE MONTH OF MAY AS MENTAL HEALTH AWARENESS MONTH

WHEREAS, 1 in 5 adults in the United States experience a mental health condition in a given year; and

WHEREAS, 1 In 25 adults in the United States experience a serious mental illness in a given year; and

WHEREAS, approximately 46.6 million adults in the United States face the reality of managing a mental illness every day; and

WHEREAS, half of all lifetime mental health conditions begin by age 14 and 75% by age 24, but early intervention programs can help; and

WHEREAS, up to 90% of those who die by suicide have an underlying mental illness as revealed by psychological autopsy. 46% of those who die by suicide have a diagnosed mental illness; and

WHEREAS, suicide is the 10th leading cause of death in the United States. With effective care, suicidal thoughts are treatable, and suicide is preventable; and

WHEREAS, individuals with mental health conditions face an average 11-year delay between experiencing symptoms and starting treatment; and

WHEREAS, common barriers to treatment include the cost of mental health care and insurance, prejudice and discrimination and structural barriers like transportation; and

WHEREAS, even though most people can experience relief from symptoms and support for their recovery in treatment, less than half of the adults in the United States get the help they need; and

WHEREAS, people experiencing mental health conditions often face rejection, bullying and even discrimination and stigma; and

WHEREAS, stigma is when someone or you yourself views you in a negative way because you have a mental health condition.

NOW THEREFORE BE IT RESOLVED, that the Cook County Board of Commissioners along with President Toni Preckwinkle and on behalf of the over 5 million residents of Cook County do hereby recognize the month of May as Mental Health Awareness month and hereby offers to provide support, educate and advocacy to individuals that are affected with mental health illness.

**Sponsors:** DENNIS DEER

**Indexes:**

**Code sections:**

**Attachments:**

<b>Date</b>	<b>Ver.</b>	<b>Action By</b>	<b>Action</b>	<b>Result</b>
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