



# Board of Commissioners of Cook County

118 North Clark Street  
Chicago, IL

## Legislation Text

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**File #:** 23-3164, **Version:** 1

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### PROPOSED RESOLUTION

#### RECOGNIZING THE KENNETH YOUNG LGBTQ+ CENTER

**WHEREAS**, the LGBTQ+ Center at Kenneth Young “Q Center” offers a litany of different programming aimed at providing spaced devoted to education and creating community for the LGBTQ+ population in the Northwest Suburbs and across Cook County; and

**WHEREAS**, the Q Center offers youth programming, advocacy opportunities, professional trainings, and community events aimed at the LGBTQ+ community throughout the year; and

**WHEREAS**, another priority is to provide young adults opportunities for social gatherings, networking, job and career support, and getting involved with the Q Center’s North Suburban Community Network for queer professionals; and

**WHEREAS**, the Q Center features the ‘Rainbow Room Youth Advisory Council’, a twice monthly group dedicated to LGBTQ+ advocacy, leadership, and community organizing open to LGBTQ+ identified and LGBTQ+ allied high school students in the Northwest Suburbs; and

**WHEREAS**, the Q Center also offers the biweekly ‘High School Community Night’, which centers LGBTQ+ teens’ interests and opinions in the Northwest Suburbs and provide an opportunity to learn, have fun, and build community; and

**WHEREAS**, the programming offered also includes the biweekly ‘Young Adult Night’ for LGBTQ+ young adults age 18 -24 in the Northwest Suburbs, which provides a welcoming space to queer people dedicated to building community and learning together; and

**WHEREAS**, the Q Center also features ‘LGBTQ+ SMART Recovery’, a peer-led, non-clinical program aimed for participants to achieve a healthy, positive, and balanced lifestyle change while navigating substance use and other addictive behaviors, such as gambling, smoking, sex, self-harm, or social media use, using techniques such as Cognitive Behavioral Therapy (CBT), Rational Emotive Behavioral Therapy (REBT), Harm-Reduction techniques, and Motivational Interviewing to address these behaviors and empower individuals to recover; and

**WHEREAS**, while visiting, anyone can get free STI testing done and/or receive take-home STI prevention kits; and

**WHEREAS**, the provision of these programs and safe spaces to connect are absolutely vital to the mental and physical wellbeing of the LGBTQ+ community in the Northwest Suburbs, and across Cook County;

**NOW, THEREFORE, BE IT RESOLVED**, that we, the Cook County Board of Commissioners do hereby recognize the Kenneth Young LGBTQ+ Center for all the crucial work they do every day for the LGBTQ+ population in Cook County; and

**BE IT FURTHER RESOLVED**, that this text be spread upon the official proceedings of this Honorable Body, and suitable copies be tendered to the Kenneth Young LGBTQ+ Center in recognition of their vital contributions to LGBTQ+ community in Cook County.